



The background features a light gray grid pattern. Overlaid on this are faint, stylized illustrations of classical columns. Above the columns are three circular icons: a gavel (labeled 'Legal'), a hand (labeled 'Family'), and a document with a dollar sign (labeled 'Financial'). The columns themselves contain text boxes with the following labels: 'Develop a Financial Dashboard', 'Address Uncovered Long Term Care Costs', 'Minimize Financial Burden on Others', 'Protect Assets', 'Prepare Family Meeting', and 'Hold Family Meeting'. At the bottom, a banner reads 'PROFESSIONAL NETWORK' and 'EPLANNING BLUEPRINT'.

What It Means to Be Me

1 *LifePlan: What It Means to Be Me*

(Name of Spouse 1)

Entertainment for me means: (Select all that apply)☐ **Reading**

The kinds of things I like to read include (fiction/nonfiction books, news, etc.):

The medium I prefer to read includes (books, magazines, newspapers, tablets, etc.):

☐ **Music**

The kinds of music I enjoy include:

Times when I like listening to music include:

Music I don't like includes:

☐ **Television**

The kinds of shows I enjoy include:

Time of day I enjoy watching includes:

☐ **Movies**

The kinds of movies I like to watch include:

Types of movies I don't like include:

(Name)

[illegible]

My Living Space preferences include (decorations, view, scents, etc.):

(Name) _____

Healthy Habits for me means: (Select all that apply)**Eating Right**The foods I really enjoy eating include: _____

_____Foods I do not like include: _____

_____My food allergies or digestive challenges include: _____
_____**Exercise / Activities**Places I enjoy visiting include: _____

_____Activities I enjoy include: _____

_____**Socializing**The types of social interactions I enjoy include (large groups, close friends and family, religious visitors, etc.): _____
_____The frequency of social interactions I enjoy is (constant companionship, regular visits, or occasional check-ins): _____

1

(Name) _____

Other things you should know about me:

My blood type is: _____

I have the following allergies: _____

I have the following chronic health conditions: _____

Additional notes about me: _____

2 *LifePlan*: What It Means to Be Me

(Name of Spouse 2)

Entertainment for me means: (Select all that apply)

☐ **Reading**

The kinds of things I like to read include (fiction/nonfiction books, news, etc.):

The medium I prefer to read includes (books, magazines, newspapers, tablets, etc.):

☐ **Music**

The kinds of music I enjoy include:

Times when I like listening to music include:

Music I don't like includes:

☐ **Television**

The kinds of shows I enjoy include:

Time of day I enjoy watching includes:

☐ **Movies**

The kinds of movies I like to watch include:

Types of movies I don't like include:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

My Living Space preferences include (decorations, view, scents, etc.):

(Name) _____

Healthy Habits for me means: (Select all that apply)**Eating Right**The foods I really enjoy eating include: _____

_____Foods I do not like include: _____
_____My food allergies or digestive challenges include: _____

_____**Exercise / Activities**Places I enjoy visiting include: _____

_____Activities I enjoy include: _____

_____**Socializing**The types of social interactions I enjoy include (large groups, close friends and family, religious visitors, etc.): _____
_____The frequency of social interactions I enjoy is (constant companionship, regular visits, or occasional check-ins): _____

(Name) _____

Other things you should know about me:

My blood type is: _____

I have the following allergies: _____

_____I have the following chronic health conditions: _____

_____Additional notes about me: _____

