

Implement Your *LifePlan*



With your *LifePlan* Decisions Blueprint completed, it is time to get to the work of implementing your plan. You should have new health goals to start on, a new medical team to find, financial and legal professionals to work with, and possibly new housing solutions to consider...

Let's get started!

It is important to remember that designing the *LifePlan* Blueprint was Phase 1, and completing the action steps from the Blueprint is Phase 2 – both phases are necessary to confidently say that you will AVOID:

- 1. Institutional care**
- 2. Becoming a burden on your family**
- 3. Running out of money**

Once you've created your *LifePlan* Blueprint, now comes the work of implementing it. We recommend prioritizing each decision you have made and work on only one planning aspect at a time (Housing, Health, Financial or Legal) so that implementing the *LifePlan* does not become an overwhelming experience.

First Things First

Many of the steps in your *LifePlan* probably include working with a service professional, while other steps you will complete yourself. Deploying your *LifePlan* does not need to follow the same order of events as the creation of your Blueprint — you can implement your decisions in any order you choose.

Time Frame

The time it takes to implement a *LifePlan* is unique to each person. It depends on how quickly you find and schedule to meet with your professional resource team-members, make a housing decision, and find a time that is convenient for your family and loved ones to meet for a Family Meeting.

But from our experience, if you are diligent you will have completed your *LifePlan* after about six months. Remember to tackle one item at a time and be patient with yourself. Be sure to review your *LifePlan* regularly, about once a year, with your professional team or a *LifePlanner* Coach.